

genesis
SPA & WELLNESS



BOOK AT:

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Spa Extension 600

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75C Nissi Avenue,
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HOW TO SPA

How do i choose my treatments?

The Spa offers a menu of treatments, which will pamper, relax and revive the body. Highly trained therapists can help guests select treatments according to individual needs.

Consultations

The professional team at The Spa offers a confidential consultation, which will be carried out prior to commencing any treatment. It is essential to let the therapists know of any allergies and specific medical conditions to allow treatments to be specially screened and tailored.

On arrival

The Spa kindly asks new guests to arrive 15 minutes prior to the first appointment in order to complete consultation documentation. This is to avoid such formalities being carried out during the booked spa or treatment time.

Mothers to be

The Spa has a range of treatments, which are designed and safe for 'mums to be'. Please advise of pregnancy before booking treatments.

Age restrictions

Young adults aged 16 and over are welcome to enjoy the Spa's treatments and facilities.

What shall i wear?

The Spa provides complimentary robes and slippers. On arrival, a therapist will explain what the treatment entails and will advise which items of clothing should be worn. During treatments the therapists will drape clients appropriately and respect privacy. Whilst using the wet spa and any of The Spa's Thermal experiences, swimming shorts/trunks or costumes should be worn. Disposable underwear will be provided in the treatment room.

Reservations and cancellations

Please book spa appointments in advance. Guests who wish to change or cancel an appointment are asked to give 24 hours' notice otherwise 100% of the treatment will be charged.



WHISPERS OF THE EAST

Korean Head Spa

70 min

€140

A revitalizing scalp and face treatment inspired by Korean beauty rituals. Includes a gentle steaming process and the use of premium Korean hair products and tools to deeply cleanse, nourish, and rejuvenate the scalp. Combines deep cleaning, massage, and restorative care to improve circulation and overall scalp and skin health.

Thai Herbal Therapy

60 min

€130

A deeply relaxing treatment using warm herbal compresses infused with natural botanicals (Lavender, cinnamon, gloves, pepper, mustard seeds, cannabis and many more). The gentle heat and healing properties of the herbs ease muscle tension, stimulate circulation, and calm the senses. Ideal for detox, balance, and full-body relaxation.

Thai Table Massage

60 min

€130

90 min

€160

An energizing full-body treatment performed on a massage table, combining gentle stretches, acupressure, and rhythmic movements. Improves flexibility, relieves muscle tension, and restores natural energy flow. Perfect for rejuvenation, balance, and renewed vitality.

Indian Head Massage

30 min

€70

A calming therapy based on the Ayurvedic concept of balancing energy through the head, neck, and shoulders. Gentle rhythmic movements stimulate circulation, relieve tension, and promote mental clarity and relaxation.

Ideal for stress relief, better sleep, and inner harmony.

Holistic Foot Reflexology

40 min

€70

3 sessions

€180

An ancient Chinese practice focusing on relieving pain and restoring balance through pressure applied to specific points on the feet. Stimulates circulation, eases tension, and supports overall well-being and harmony.

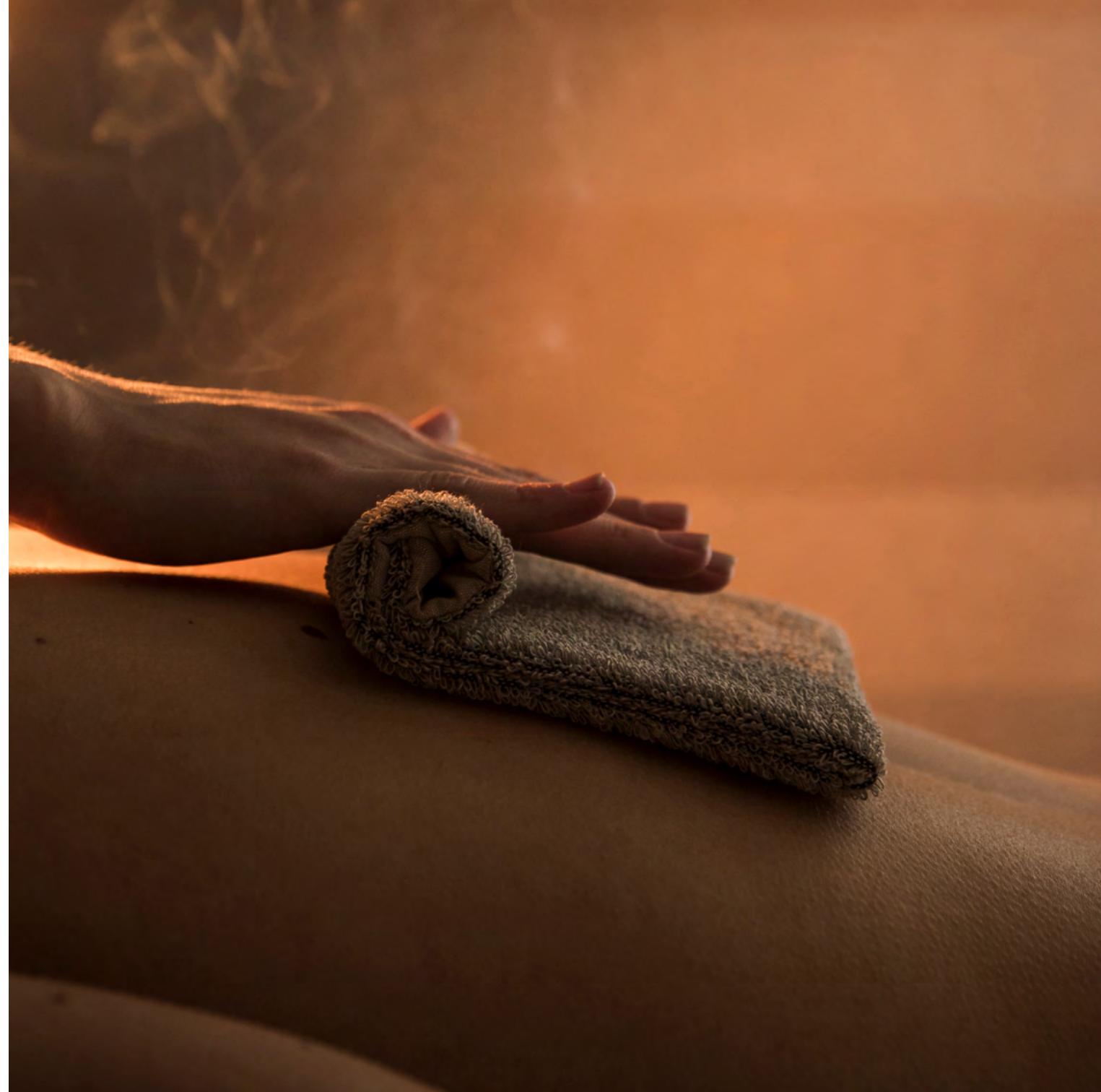
Ideal for relaxation, pain relief, and renewed vitality.

Turkish Bath Ceremony

60 min

€200

Inspired by Eastern bathing culture, this purifying ritual treats the body from head to toe, combining steam, exfoliation, and a full-body foam massage. A deeply cleansing and rejuvenating experience that restores balance and leaves the skin soft and radiant.



TIMELESS TOUCH

The Classical Massages

Aromatherapy Massage

30 min	€60
60 min	€100
90 min	€130

A calming treatment that blends gentle massage techniques with pure essential oils. The natural aromas promote deep relaxation, help ease tension, and restore emotional balance. Ideal for those seeking peace, harmony, and inner renewal.

Classical Swedish Massage

30 min	€60
60 min	€100
90 min	€130

Indulge in a timeless ritual of relaxation and renewal. The Swedish Massage combines graceful, rhythmic strokes with expert techniques designed to ease muscle tension, stimulate circulation, and restore perfect harmony to body and mind.

Deep Tissue Massage

30 min	€80
60 min	€120
90 min	€150

A focused, restorative treatment designed to release deep-seated tension and improve muscle function. Slow, deliberate techniques work into the deeper layers of tissue, easing stiffness and promoting natural flexibility. Ideal for those seeking clarity, recovery, and renewed physical balance.

Hot Stone Massage

60 min	€120
90 min	€150

A deeply relaxing therapy that uses smooth, warm basalt stones to gently warm the muscles and calm the mind. The natural heat melts away tension, improves circulation, and restores balance throughout the body. Ideal for deep relaxation and complete renewal.

Pregnancy Massage

60 min	€110
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A gentle, nurturing treatment designed to ease tension, improve circulation, and promote comfort during pregnancy. Helps reduce cramps, headaches, and joint pain while supporting relaxation and well-being for both mother and baby.

Lymphatic Drainage Massage

60 min	€110
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A gentle and soothing massage technique designed to activate the lymphatic system, helping the body eliminate toxins, reduce fluid retention, and strengthen immunity. Ideal for promoting detox, lightness, and deep relaxation.

Maderotherapy (Wood Therapy)

40 min	€100
70 min	€140

A sculpting massage technique using specially designed wooden tools to stimulate circulation and tone the body. Helps reduce cellulite, improve skin texture, and enhance the body's natural balance. Ideal for shaping, detox, and revitalized energy.

Anti-Cellulite Massage

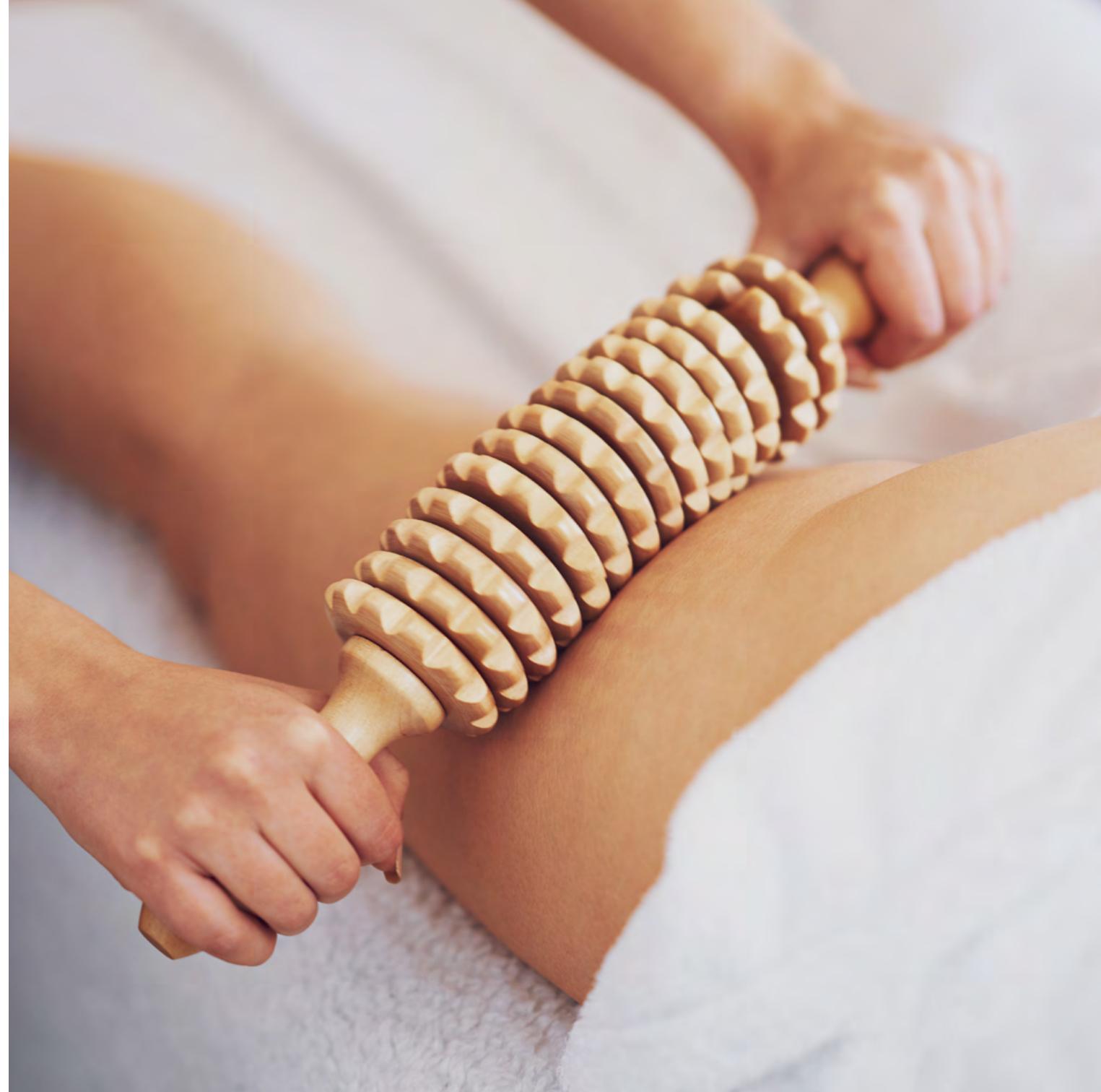
30 min	€70
3 sessions	€180

A targeted treatment using firm, rhythmic movements to stimulate circulation and break down fatty deposits under the skin. Helps tone, smooth, and firm the body while improving skin appearance and elasticity. Ideal for contouring, detox, and revitalized confidence.

Yoga Face Lift Massage

40 min	€80
3 sessions	€200

Also known as the natural face lift massage, this rejuvenating therapy combines healing techniques including lymphatic drainage and collagen boosting methods. Inspired by yoga, it tones facial muscles, releases tension, and enhances natural radiance. Ideal for firming, glow, and inner balance.



ESSENCE OF GLOW

Face Treatments by GERMAIN DE CAPUCCINI



GERMAINE DE CAPUCCINI

Radiance C+

Detoxifying & Tonifying

60 min

€140

Antioxidant facial to firm skin, boost collagen and reduce pigmentation. A massage ball lifts muscles; releases tension and improves circulation.

Hydraluronic Facial

Hydrating, Plumping and Recovering

60 min

€140

Deep hydration facial that plumps, restores volume, and enhances skin elasticity with Hyaluronic Acid. Slow-release technology locks in moisture for lasting results. A cooling massage tool lifts and smooths lines.

Pure Expert

Oily / Problematic Skin

50 min

€100

Deep-cleansing facial starting with an enzyme gel to extract impurities, followed by a red clay mask to purify and refine pores. Leaves skin clear, balanced, and radiant.

Time Expert Lift (IN)

Anti-Ageing, Lifting and Firming

60 min

€140

Advanced facial inspired by surgical lifting for visible rejuvenation and redefined contours. Powered by the exclusive V-Matrix complex that strengthens skin structure from within for lasting firmness and density.

Express Facial

All Skin Types

30 min

€70

Quick facial for all skin types, ideal before sun exposure. Provides deep hydration and cleansing with gentle granule exfoliation. Perfect for those short on time.

Tec-Exosome

Resurfacing and Regenerating

60 min

€140

Cellular Rejuvenation with plant-based exosomes. A non-invasive facial that uses microscopic messengers to deeply deliver active ingredients, improving skin hydration, sensitivity, tissue repair, elasticity, and radiance with minimal downtime.



SCULPT, SMOOTH & SOOTHE

Body Treatments

Amazonia Rainforest Harmony (Face & Body)

90 min

€160

A revitalizing face and body ritual inspired by the vital energy and exotic fruits of the Amazon rainforest. Combines botanical extracts, nourishing oils, and deep massage to restore balance, hydration, and radiant harmony to the skin and senses.

Aromatic Salt Exfoliation

40 min

€80

A luxurious fullbody exfoliation using mineralrich aromatic sea salts to smooth and purify the skin, stimulate circulation, and awaken the senses. Leaves the body feeling refreshed, radiant, and delicately scented.

Mud Therapy

50 min

€120

A purifying and mineral-rich body treatment using natural mud to detoxify, relieve pain, reduce stress, and nourish the skin. Helps improve digestion, circulation, and overall well-being.



GERMAINE DE CAPUCCINI



Wow Shape Slimming Body Wrap

60 min

€140

2 sessions (within 48hrs)

€240

A specialized body treatment designed to contour and tighten the skin, promoting slimming, reducing volume, improving cellulite, draining, detoxifying, and enhancing overall body shape through targeted wrapping techniques with active ingredients.

Aloe Vera & Mint Therapy

AfterSun Face & Body

75 min

€140

A soothing and cooling treatment that uses Aloe Vera and Mint extracts to calm, hydrate, and repair sunexposed skin. Ideal for postsun recovery, reducing redness and restoring radiance to face and body.



TRANQUIL JOURNEYS

Day Spa Packages

Genesis Renewal Package

Day Spa Journey

2 hrs 30 min

€230

Escape into a top-to-toe renewal beginning with a soothing warmup in the Finnish sauna, followed by a Deep Tissue Muscle Energizer fullbody massage to stretch and relax the muscles. The experience continues with a revitalizing Dead Sea Salt body polish and an Express Facial, leaving body, mind, and skin perfectly renewed, balanced, and glowing.

Mind Body & Skin Package

2 hrs 30 min

€220

Rejuvenate your body, mind, and skin with an unforgettable spa journey. Begin by opening your pores in the Genesis Hammam, then surrender to a Hot Stone Full Body Massage, where heat gently penetrates the muscles to release tension and restore energy flow. Conclude with an ultrahydrating, deepcleansing facial for beautifully luminous results.

Genesis Healing Journey

2 hrs 30 min

€250

Begin with 30 minutes of detoxification in the Finnish sauna, preparing the body for deep renewal. Then surrender to the expert touch of your therapist with a Thai Herbal Full Body Massage, followed by a Dead Sea Salt Body Exfoliation and a refining Detox Wrap. This multipurpose journey targets both skin and body detoxification, restoring vitality, balance, and inner harmony.

For Couples: Ocean Bliss Journey Package

3 hrs

€450

A shared voyage of serenity and connection. The journey begins with a warm visit to the sauna and steam room, followed by time in a private jacuzzi to unwind together. Next, a Dead Sea Salt fullbody exfoliation replenishes the skin and muscles with precious marine minerals. Then, surrender to a holistic reflexology massage, accompanied by the soothing sounds of sea shells, guiding you into deep ocean tranquility. The experience concludes with a warm Cinnamon fullbody massage, melting away tension from body and mind.

For Couples: Double Pleasure Package

3 hrs

€420

Relax and enjoy time together in the hydrotherapy soaking tub, sauna, and steam room, as you begin a blissful shared spa journey. Continue with a skin softening body exfoliation for you and your loved one, preparing the skin for renewal. Then indulge in a personalized aromatherapy fullbody massage and an Indian head massage, leaving every muscle from head to toe completely relaxed and restored.



THE TOUCH OF PERFECTION

Make up

Day Make up	€80
Evening Make up	€90
Bridal Make up	€100
Bridal Make up including trial	€160
Trial Make up	€80
Bridal hair styling and make up	€180
Bridal hair styling and make up including trials	€300

Waxing

Full legs waxing	€60
Half legs waxing	€40
Full arms waxing	€30
Half arms waxing	€20
Bikini line	€20
Bikini full	€60
Full back wax	€60
Under arms	€20
Top lip	€10
Eye brow shaping	€20
Eye brow tinting	€20



Manicures & Pedicures

Spa Manicure with Nail polish	€50
Spa Manicure with French polish	€60
Spa Manicure with Gel polish	€60
Spa Manicure with French gel polish	€70
Spa Pedicure with nail polish	€70
Spa Pedicure with French nail polish	€80
Spa Pedicure with gel polish	€80
Spa Pedicure with French gel polish	€90
Normal polish application	€20
Re-shape and polish application	€30
Re-shape and French polish application	€35
Gel polish application manicure/pedicure	€50
Gel polish French manicure/pedicure	€60
Add ons:	
Keratolytic lotion for hard skin and callous removal	€10
Gel polish removal	€10





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